

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Opening sentences

**My soul waits for the Lord more than those who watch for the morning,
more than those who watch for the morning.**

Out of the depths I have cried to You.

O Lord, hear my voice

With my whole heart I want to praise You.

O Lord, hear my voice.

If you, Lord, should mark iniquities:

who could stand? who could stand?

I will wait for the Lord.

My soul waits, and in His word do I hope.

Expressions of faith

**Lord, You have always given
bread for the coming day;
and though I am poor,
today I believe.**

**Lord, You have always given
strength for the coming day;
and though I am weak,
today I believe.**

**Lord, You have always given
peace for the coming day;
and though of anxious heart,
today I believe.**

**Lord, You have always kept
me safe in trials;
and now, tried as I am,
today I believe.**

**Lord, You have always marked
the road for the coming day;
and though it may be hidden,
today I believe.**

**Lord, You have always lightened
this darkness of mine;
and though the night is here,
today I believe.**

**Lord, You have always spoken
when time was ripe;
and though you be silent now,
today I believe.**

Today's Reading Matthew 6:1-8

Homily

Meditation

**I will not die an unlived life,
I will not live in fear of falling or catching fire.
I choose to inhabit my days,
to allow my living to open me,
to make me less afraid,
more accessible,
to loosen my heart
until it becomes a wing,
a torch, a promise...**

Dawna Markova

Prayers for others

Canticle

In the shadow of Your wings
I will sing Your praises, O Lord.

The Lord is my light, my salvation;
whom shall I fear?
The Lord is the refuge of my life;
of whom shall I be afraid?

In the shadow of Your wings
I will sing Your praises, O Lord.
One thing I ask of the Lord,
one thing I seek;
to dwell in the presence of my God,
to gaze on Your holy place.

In the shadow of Your wings
I will sing Your praises, O Lord.

I believe I shall see the goodness
of the Lord in the land of the living.
O wait for the Lord!
Have courage and wait,
wait for the Lord.

In the shadow of Your wings
I will sing Your praises, O Lord

Blessing

**See that you be at peace among yourselves, my children, and love one another.
Follow the example of the wise and the good, and God will comfort you and help you, both in
this world and in the world which is to come.**

In the name of the Father, and of the Son, and of the Holy Spirit.