

## Local support networks

Bereavement Advice Centre  
Tel: **0800 634 9494**

Compassionate Friends.  
Tel: **0345 123 2304**

Cruse Bereavement (WORCS).  
Tel: **01905 22223**

KEMP Hospice.  
Tel: **01562 756000**

Lullaby Trust (infant deaths).  
Helpline **020 7802 3200**

Macmillan Cancer Relief.  
Tel: **0808 808 0000**

Miscarriage Association.  
Tel: **01924 200799**

Northeast Worcs Victim support.  
Tel: **01527 66462**

North Worcs Bereavement Support  
Tel: **07305 238223**

Primrose Cancer Help Centre.  
Tel: **01527 871051**

Samaritans National call centre -  
calls at local rate Tel: **116 123**

SANDS (stillbirth & neonatal  
death society).  
Tel: **0207 436 5881**

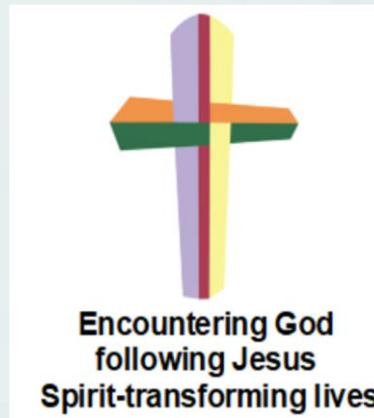
St Richards Hospice.  
Tel: **01905 763963**

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**Cllr Fran Oborski MBE.  
District Town Cllr  
For Offmore Comberton**

**Stourport Monday  
Night Club**

**St Chad's Café**



*You can contact us on  
our dedicated email at  
[liferafterlossKEP@gmail.com](mailto:liferafterlossKEP@gmail.com)  
or 01562 822131*

# BEREAVEMENT CAFÉ



## LIFE AFTER LOSS KIDDERMINSTER EAST PARISH

*Blessed are those who  
mourn for they will be  
comforted  
Matthew 5:4*

Contained in this leaflet are some details which you may find helpful.

### **What is the Bereavement Café?**

A monthly drop in Café which is open to all bereaved people. A place to talk and share experiences with other bereaved people.

### **Who runs the Café?**

The Café is run by the Parish of Kidderminster East and is led by members of the bereavement team supported by volunteers.

### **What happens at the Café?**

The Café is a safe space for you to come and talk to like-minded people. There is no set agenda or topics to discuss. Its aim is to provide an opportunity for you to share your thoughts and feelings or just to listen to others.

Free Coffee/Tea and homemade cakes provided

### **Does the Café offer counselling?**

It is important to state that this is **not** a counselling group.

### **Do I have to pay to come?**

There is no charge to attend the Café or for refreshments.

### **Do you provide transport?**

Unfortunately, we are unable to provide transport. St Cecilia's has been chosen as it is on a main bus route and has plenty of parking.

### **Can children attend?**

The Café is for those over 18 years of age only. We are unable to provide bereavement support for children or young people.

### **Do I have to go to church to attend?**

No, the Café is open to ANYONE.

### **Is it a religious Café?**

At the end of the Café session, we do offer a prayer however you do not need to remain for this.

### **I won't know anyone.**

The Café is your opportunity to meet new people in a similar situation to yourself.

**The Café runs on a Monday, once a month**

**2:00pm – 4:00pm**

**in St Cecilia's Church,  
164 Hoo Road,  
Kidderminster,  
DY10 1LP**

### **Café dates for 2024**

Nov 25<sup>th</sup>  
Dec 23<sup>rd</sup>

### **Café dates for 2025**

Jan 27<sup>th</sup>  
Feb 24<sup>th</sup>  
March 31<sup>st</sup>  
April 28<sup>th</sup>  
May 19<sup>th</sup>  
June 30<sup>th</sup>  
July 28<sup>th</sup>  
August 18<sup>th</sup>  
September 29<sup>th</sup>  
October 27<sup>th</sup>  
November 24<sup>th</sup>  
December 22<sup>nd</sup>